INTRODUCTION

Dog bite injuries are consistently one of the leading causes of non-fatal emergency room visits in children.1–3 According to data published by the American Pet Products Association in 2018, there were an estimated 89.7 million dogs owned as pets in the USA, with 50% of US households owning at least one dog in 2020.4 Dog bite injuries in children represent a major public health concern, with the estimated lifetime risk of a child being bitten by a dog at >50%.2, 8

Evidence supports that most dog bites occur during the summer months and affect younger children, typically less than 9 years old.2–6 A majority of dog bites are a result of the child’s own pet, and within their own home.7–10 The significant risk of children being bitten by a dog paired with the increasing prevalence of US households owning dogs demonstrates the necessity for solutions to this public health problem and may require more robust efforts be put toward education and prevention.2, 4

At the same time, these injuries may have a significant psychological impact on patients, as trauma sustained during childhood has been shown not only to affect development but also to pose long-term mental health effects.11 This may be an important consideration for clinicians caring for these patients. We performed a systematic literature review to: (1) evaluate the current evidence related to pediatric dog bite injuries and (2) identify gaps still missing in the research, possibly in the realm of education, prevention, policy, psychosocial effects, etc. Investigation of these knowledge gaps may improve a public health concern and impact a substantial population.

METHODS

Protocol

The protocol for this review was drafted according to the standards established by the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) and is not registered.12, 13

Eligibility criteria

This study was performed at Nationwide Children’s Hospital, a tertiary pediatric trauma center, in Columbus, Ohio. A database search was performed to identify published research articles focusing on dog bite injuries in the pediatric population (≤18 years of age) from January 1980 to March 2020. PubMed, Scopus, and OVID Medline databases were used to identify studies. The search term used were “child” OR “pediatric” AND “dog” AND “bite” AND “injury.” The review followed PRISMA guidelines with two reviewers categorizing the final inclusion of eligible studies and extracted data with a third reviewer adjudicating discordance. Articles were included based on the following criteria: being a US-based original research study, printed in English, readily available in full text, and...
having a study population size >20 (n>20). Articles were excluded if the study population was not specific to children under 19 years of age, if the primary focus of the study was on rabies prevention/therapy, if studies focused on animal bites in general, or if the information was not specific to dog bites but rather to general injury prevention. The reference lists for included articles were searched manually to ensure appropriate inclusion of all relevant articles.

Data charting process
To standardize data extraction between reviewers, an aggregate list of items to be extracted from each article was established before the literature search began. Data charting was completed using Microsoft Excel, and article references were housed in EndNote.

Data items
Data were extracted based on the following variables: title, author, journal, year of publication, study design, location of study, study objectives/purpose, sample size, and main findings. Studies also were categorized based on area of focus (ie, epidemiology, education, prevention, psychosocial effects, and other).

Assessment of risk of bias
Guidelines provided by the Cochrane Handbook for Systematic Reviews of Interventions (Higgins and Green, 2011) were used in the assessment of bias. The reviewers considered bias at both the systematic review level and at the individual study level. By design, our study introduces bias at the systematic review level by incorporating only US-based studies. This is done to bolster our ability to answer the main study questions of how children in the USA are impacted by dog bites and what gaps can be identified in US population-based research studies. Individual study level bias was assessed qualitatively by looking at each included article’s study design and how the data were gathered. Studies using retrospective chart reviews or epidemiological databases were prioritized over studies using self-reported data such as parent surveys. Individual-level bias was also considered with respect to selection bias, blinding of outcome assessments, and selective reporting.

Data analysis plan
Data were analyzed qualitatively using descriptive data from each included study. Using the data items collected, reviewers synthesized the main findings of included articles to report overlaps and differences across studies. These congruencies and variances allow for accurate reporting on the incidence of dog bites in pediatric populations across the USA, characterization of dog bite injuries to this population, as well as the types of treatment and prevention strategies used to mitigate dog bite injuries.

Main findings then were categorized into overarching categories of focus and graphically displayed via a bar graph to demonstrate where much of the research around dog bite is currently centered. Categories were not set a priori and were not mutually exclusive. Rather, they were dictated by descriptions of research findings from each journal article. Data compilation and generation of graphs were done using Microsoft Excel, V.2010.

RESULTS
Systematic literature review and study identification
Out of 1859 potentially relevant articles, 1483 abstracts and titles were screened with 43 studies involving 86880 patients meeting final inclusion criteria and being included in the full text analysis (figure 1). Of the 43 included studies, 29 were retrospective chart reviews characterizing the epidemiology of dog bites and their associated treatment outcomes, with 1 using the National Trauma Database. Six studies were prospective cohort studies, two were cross-sectional studies, and six were experimental studies (five focused on educational/prevention interventions for children and adults and one focused on prophylactic antibiotic therapy) (online supplemental table 1).

Dog bite incidence and cost
From 2001 to 2017, there was a clinically significant decrease of 34% in dog bite injuries among children, adolescents, and young adults aged 0–19 years of age. However, during that time period, dog bite injuries still accounted for nearly 2.5 million emergency department (ED) visits in the pediatric population. Annually, dog bite injuries in this population account for more than 100,000 ED visits and more than 10,000 hospital admissions, with a mean length of stay of 2.5 days.

In 2015, dog bites accounted for more than 66% of all homeowner insurance liability claims, totaling more than $370 million in paid claims. All of these facts account for the major financial burden of these injuries.

Dog bite injury characteristics and treatment
Children 0–9 years of age suffer the greatest burden of injuries in the pediatric population (0–19 years), accounting for more than 80% of injuries, while those under 6 years of age account for approximately half of all cases. Children ≤5 years of age are also at a substantially increased risk of bites to the head, neck, and face region, often resulting in more severe injuries which more frequently require operative repair.

A study analyzing the national trauma data bank (NTDB) registry reported that over 70% of cases with an Abbreviated Injury Scale ≥3 occurred in patients 0–5 years of age. The NTDB data also showed that children 0–12 years of age accounted for 95% of all injuries that occurred in the home. The body region injured and location where the injury occurred are inversely proportional with age. Younger children (0–12 years) are more likely
to be bitten in the head, neck, or face region inside the home. Whereas, as children get older, they tend to be bitten on their extremities and outside of the home more frequently.

After the injury occurs, there are various algorithms discussed in the literature to guide treatment recommendations, but most injuries do not necessitate operative repair requiring general anesthesia, but rather, involve irrigation and/or primary closure with procedural sedation or local anesthetic. Though varying reports exist in the literature, overall, between one-third and one-half of patients with dog bite injury require some form of procedural repair. Operative repair is far less frequently required but seen most in children <5 years old, as the severity of their injuries is greater. Circumstances surrounding dog bite injury

Younger children (≤5 years old) were more likely to be bitten by their family pet or a dog familiar to them. These bites most often occurred in the home, during positive interactions initiated by the child (petting or playing with the dog), and as a result of resource (food or toys) guarding by the dog. Older children were more often bitten by dogs unfamiliar to them while being active and without interaction with the dog, often in response to territory guarding. More than half of dogs were categorized as being provoked prior to biting, and one study specifically demonstrated that a majority of the examined dogs had not previously bitten a child and had completed obedience training prior to the bite.

Dog breeds

Seven studies specifically investigated and identified dog breeds as part of their analyses. Often only a fraction of dogs involved in a bite or attack not taking place in the home are identified. Additionally, due to the difficulty in determining a dog’s true genetics, most are defined as mixed breed, leading to a variety of breeds implicated in bite incidents. The tendency of a dog to bite is also known to be a combination of genetic predisposition, early socialization to people, training or maltreatment, the quality of supervision, and behavior of the victim. After reviewing patient/family reports in the medical chart, Golinko et al identified 46 breeds in 31% of their cases. Out of 1616 dog bites, the three most prevalent were found to be Pit Bulls (also identified as Staffordshire Bull Terrier, American Staffordshire Terrier, or Bull Terrier, 38.5%), mixed breeds (Pit Bull mixes, Labrador mixes, Pit Bull/Labrador mixes, 13%), and Labradors (8.1%). Chen et al identified 58 breeds in 68% (366) of cases, with the most common breeds being mixed (25%), Labrador Retriever (13.7%), Rottweiler (4.9%), and German Shepherd (4.4%). Sribnick et al identified dog breed in 55% of cases where Pit Bulls were the most common (50.4%), followed by Rottweilers (12.2%), Labradors (8.4%), German Shepherds (5.3%) and Chows (4.6%). In 40 dog bite attacks, the most common breeds

Figure 1  PRISMA flow diagram to determine final inclusion. From: Page et al. PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses.
(n=15) were German Shepherd and German Shepherd mix, and the dogs involved in fatal attacks were two Rottweilers, one Husky, and one Akita. In a study using a local country health department, a listed dog breed was available for 54% of cases with 22.5% classified as mixed breed. The most frequently reported dog breeds who had bitten (and were not classified as mixed) were Pit Bull (27.2%), German Shepherd (10.5%), Labrador Retriever (7.2%), Boxer (4.6%), Rottweiler (3.9%), Beagle (3.3%), Jack Russell (2.9%), Bulldog (2.9%), Chihuahua (2.6%), Husky (2.3%), Golden Retriever (2.3%), Dachshund (2.2%), Mastiff (1.9%), Shih-tzu (1.9%), Poodle (1.6%), and Cocker Spaniel (1.5%). Eight additional breeds each representing <1.5% of bites were also identified (Yorkshire Terrier, Great Dane, Australian Shepherd, Doberman, Boston Terrier, Akita, Collie).30 Though these studies identified dog breeds involved in bite injuries, it is difficult to draw conclusions on the involvement of specific breeds in pediatric dog bites as the overall underlying dog population is not available for comparison, and breed stratification is not possible.

Education and prevention
Studies focused on prevention strategies analyzed educational programs designed to increase knowledge and awareness of safe behavior with dogs in both children and family members.42–46 There was consensus that children and parents who engaged in prevention education programs increased their knowledge of safe dog behavior for children. These studies indicated that children older than 4 years of age can learn basic knowledge about how to behave more safely around dogs.

Study characteristics
Very few articles included in our analysis explored dog bite prevention methodology and the psychosocial effects of dog bites on the pediatric arena. Among our review of current literature, 36 articles focused on dog bite characterization, 5 focused on education, 1 on a combination of dog bite characterization and education, 1 on effects of dog bites on the victim, and 1 on psychosocial aspects (figure 2). The topic of dog bite characterization consisted of the following subtopics: incidence and epidemiology of dog bites where descriptions of incidence by age and gender were provided; rate of dog bites within the USA, defined as when or how often an attack occurred; location of dog bite on the body, defined as which body part was affected by the bite; geographical comparison, defined as comparison of different geographical locations within the USA where dog bites were found to be prevalent; treatment of dog bite/management, defined as location where treatment was sought (emergency room, operating room); risk, defined as ORs provided for risk of injury; injury setting, defined as surround environment where dog bites occurred (this also included whether guardian or parental supervision was present or not); dog breed or type, defined as the type or breed of dog that caused the attack; events leading up to the attack, defined as whether or not dogs were provoked; cost, defined as total cost of care related to dog bite injury; and obedience training, defined as behavioral screening of dogs and common stimuli for aggression in dogs. The topic of education centered mostly around programs aimed at bringing about knowledge and awareness of dogs as well as focusing on the behavior of children affected by dog bite injuries. Among the five articles that touch on education, one focused on behavior of children affected by dog bite injuries, one focused on knowledge of dog bite prevention strategies, and three focused on awareness. Among articles with a focus on dog bite characterization, the majority focused on incidence and epidemiology (n=12), location of dog bite on the body (n=14), and treatment and management of dog bite (n=16) (figure 3). When evaluating the geographical distribution of studies, they were found to span the USA, with the exception of five studies which used national databases. Based on their main areas of focus, studies on education and psychosocial aspects were performed in the Eastern USA (figure 4).

DISCUSSION
A systematic literature review was performed to determine existing research gaps related to pediatric dog bite injury. Our goal was to identify the areas that should be prioritized to address this major public health concern, as dog bites remain a leading cause of injury in children.3 We found that most publications focus on epidemiologic data elements, injury patterns, and treatment. In our review, very little published material addresses the prevention of, or psychosocial consequences, associated with pediatric dog bites. Studies analyzing these aspects are needed as pet ownership continues to grow and the
likelihood of children interacting with dogs in their daily lives becomes inevitable.

**Education and prevention**

Five of the 43 studies within our review did focus on dog bite education and prevention in children using an experimental design. It is reasonable to suggest that education of either the child or parent would play a large role in preventing dog bite injury, but as evidenced by our review, it is rarely addressed by healthcare providers or research.2

Though the exact reasons are unknown, experts in the field often attribute the elevated risk of dog bite injury in children to at least three main factors. First, children’s misperception, misinterpretation, or ignorance of a dog’s perspective due to an underdeveloped theory of mind contributes to stressed or frustrated dogs and leads to aggression. Second, children lack cognitive skills required to recognize and understand how to behave appropriately around dogs. Finally, children being physically shorter in stature likely leads to increased prevalence of bites to the head/neck region often requiring more aggressive intervention than those to the limbs.44 46

Schwebel et al published two prominent prospective studies in 2012 and in 2016 which worked to enhance knowledge on the prevention of dog bite injuries through educational programs.44 46 In 2011, an interactive computer program (The Blue Dog), dollhouse simulations, and live dog interactions were applied to children 3–6 years old. The goals of the study were to improve children’s recognition knowledge about safe and unsafe interactions, improve recall of safe and dangerous behavior in a dollhouse simulation, and decrease risky behavior while engaging with a live dog. Results showed improvement in basic knowledge of how to behave more safely with dogs, but children did not recall lessons from the dollhouse simulations nor implement safer behaviors when exposed to the live dog.46

While these results may seem surprising, they highlight an important topic which researchers have struggled with for years: identifying necessary approaches in transitioning knowledge into actual health behavior change.46 This, paired with the complexities related to child development, calls attention to the need for age-specific strategies being implemented when it comes to effective education. Another possibility suggested by past research is the idea of ‘optimism bias’, in which children gain confidence that dogs are ‘safe’ because their initial exposure produced no negative effect, and they partake in riskier interactions during the subsequent encounter.44–46

To address this idea, in a 2016 study, Schwebel et al introduced a second computer-based program to children...
and performed similar knowledge-based quizzes and dollhouse simulations. However, this time they only introduced the live dog interaction after the modules were completed, whereas children interacted with the live dog both before and after their module education in the previous experiment. Again, children demonstrated a significant gain in knowledge and recognition of safe behavior but did not improve their scores related to dollhouse simulation or live dog interaction. To truly succeed in preventing dog bite injuries, it is necessary to identify how to effectively educate the pediatric population and incorporate this knowledge into new learned behaviors.

Another aspect to consider to fully address the prevention of dog bite injury is a caregiver’s lack of knowledge on the topic. In general, dog owners have shown a lack of familiarity about features associated with dog aggression toward children. In Tucson, only two-thirds of the 126 dog-owning parents surveyed believed that infants were at risk of a fatal dog bite. Two-thirds also felt it was safe to leave a 4-year-old child unattended with a dog, and most did not realize the increased prevalence of dog bites among children in general. In the same study, 77 pediatricians were surveyed. Only 17% reported regularly educating parents on pet-related injuries and 14% felt that education in the office was not worthwhile. In contrast, in a study of 455 families in a Denver pediatric practice, 77% of parents believed that dog bite prevention was an important discussion to have with a physician. In an ED survey of 48 caregivers with dogs in the household, 56% reported that their dog had not been spayed/neutered, and 21% reported leaving their child alone with the dog. A case–control study by Gershman et al demonstrated that biting dogs were more likely to be German Shepherd and Chow Chow breeds, male, and unneutered. Authors strongly suggest that owners, through their selection and treatment of dogs, may be able to reduce the likelihood that a dog will bite in the future. Additionally, they urge pediatricians to advise parents that failure to neuter a dog and selecting a male, unneutered dog of specific breed may increase the chances of a bite in the household. Accordingly, the caregiver must be provided with the necessary education and exhibit the willingness to participate in a safe, positive relationship between themselves, their child and their dog.

Psychosocial burdens related to dog bite injury
When considering the psychosocial burden placed on children following a dog bite, only eight studies within our review included a behavioral health component either in the study design or discussion. With minimal research related to this topic, we must first question whether a child’s psychosocial well-being is affected and then identify how and to what degree. With 89.7 million dogs owned as pets in the USA, the chances of a child encountering a dog after their injury are extremely high, if not inevitable. By putting our efforts toward identifying how to alleviate psychosocial disturbances caused by a dog bite injury, we would hope to return these children to some sense of normalcy in their daily lives.

In one of the more significant behavioral studies done by Boat et al, the parents of 34 patients aged 0–16 years old who presented to the ED with ‘dog bite’ were contacted for a 4-week follow-up phone interview. In that interview, information was obtained pertaining to: bite incident specifics, further medical/psychological care needed related to the dog bite, contact with additional legal or enforcement agencies, changes in the child’s behavior, changes in the parental concerns about themselves and their children after the dog bite, and parent feedback on the value of having additional services available. At least one new concerning behavior was observed in over 70% of children, with the five most prevalent behaviors seen in 21%–29% of patients. These included: talking a lot about the incident, being fearful of dogs, avoiding dogs, being anxious or worried about seeing doctors/going to the hospital, being fearful, and having bad dreams/nightmares. When parents were interviewed about the incident, 86% endorsed changes in their concerns and feelings about themselves and their children, 59% felt guilty they could not protect the child, 59% worried about the child’s scars, and 44% were angry and fearful for their child’s safety. When parents were asked whether their child would benefit from interventions to help with their fears, 50% felt it would be helpful and 85% felt that the best timing for families to get extra help would be in the ED or physician’s office.38

By more thoroughly investigating the specific psychological effects that burden dog bite patients, we may be able to close this clinical gap and bring awareness to institutions of the urgent need for mental health services in this patient population. As clinicians, we must identify how to safely introduce these victims back into a life where dogs exist in order to return them to a functional daily existence.
Limitations of the study
This systematic literature review has several limitations. First, we used the most relevant medical databases (PubMed, Medline, Scopus) for this study and did not include other lower yield databases. This could have allowed us to miss additional studies. Additionally, we excluded studies of patient populations ≤20 in order to eliminate the review of case reports and case series, which are often of low statistical power and would not necessarily reflect the true epidemiology of dog bites, but rather focus on unique patient experiences or treatment modalities. It is possible though, that some intervention studies may have been screened out using this exclusion. These limitations may contribute to selection bias and possible under-reporting or over-reporting of findings within the literature.

In conclusion, our systematic review of published literature on pediatric dog bite injury yielded thorough coverage of the epidemiology, injury pattern, and treatments associated with dog bites. Key evidence gaps remain in preventing dog bites from occurring and addressing the psychosocial damage inflicted on the child. To make the biggest impact on what remains a major public health concern, we need to direct research efforts and innovations towards addressing these evidence gaps. It is important to advocate for state and county laws which improve injury prevention in dog attacks, to necessitate parental education at the time of obtaining a dog, and to support the use of educational initiatives led by veterinarians and primary care physicians.

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Contributors KN contributed to conceptualization, data curation, formal analysis, investigation, validation, visualization, writing (original draft), writing (review and editing). KZH contributed to conceptualization, data curation, investigation, validation, visualization, writing (original draft), writing (review and editing). PCM contributed to conceptualization, data curation, formal analysis, investigation, validation, visualization, writing (original draft), writing (review and editing). LAW contributed to conceptualization, data curation, validation, visualization, writing (review and editing). RT contributed to conceptualization, investigation, visualization, writing (original draft), writing (review and editing). RT contributed to conceptualization, data curation, formal analysis, investigation, validation, visualization, writing (original draft), writing (review and editing). DLN contributed to conceptualization, data curation, visualization, writing (review and editing). TB contributed to conceptualization, data curation, formal analysis, investigation, validation, visualization, writing (original draft), writing (review and editing). KJD contributed to conceptualization, data curation, formal analysis, investigation, validation, visualization, writing (original draft), writing (review and editing).

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14 Higgins JPT, Green S. Cochrane Handbook for systematic reviews of interventions, version 5.1.0; the Cochrane collaboration. Available: https://training.cochrane.org/handbook
Table 1. Articles of Final Inclusion for Systematic Review

<table>
<thead>
<tr>
<th>Author(s) and Year</th>
<th>Title</th>
<th>Methodology</th>
<th>Main Findings</th>
<th>Population size (n)</th>
<th>Dog bite characterization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basco et al., 2020 [3]</td>
<td>Age- and Sex-Related Differences in Nonfatal Dog Bite Injuries Among Persons Aged 0-19 Treated in Hospital Emergency Departments, United States, 2001-2017.</td>
<td>Retrospective database cohort</td>
<td>During 2001-2017, an estimated 2,406,109 persons aged 0-19 were treated in EDs for nonfatal dog bite injuries. The estimated number of nonfatal dog bite injuries declined significantly, from 181,090 in 2001 to 118,800 in 2017. The highest rate was among children aged 5-9. Males were significantly more likely to be treated than females.</td>
<td>48,166</td>
<td>Dog bite characterization</td>
</tr>
<tr>
<td>Cook et al., 2020 [4]</td>
<td>An Epidemiological Analysis of Pediatric Dog Bite Injuries Over a Decade.</td>
<td>Retrospective database cohort</td>
<td>Average age at time of injury was 6.4 years with children under age 5 years old most affected. Most bites were to the head/neck and significantly increased from 53.9% in 2000 to 60.1% in 2009. Overall, 50% of patients underwent a procedure.</td>
<td>6308</td>
<td>Dog bite characterization</td>
</tr>
<tr>
<td>Hurst et al., 2020 [35]</td>
<td>Children Have an Increased Risk of Periorbital Dog Bite Injuries.</td>
<td>Retrospective cohort</td>
<td>The sample consisted of pediatric and adult patients. Isolated periorbital injuries were more common in the pediatric group as was injury to both the periorbital and central target area (nose, lips, cheeks) regions. Isolated central target area injury was the most common injury pattern overall in both children and adults.</td>
<td>313</td>
<td>Dog bite characterization</td>
</tr>
<tr>
<td>Essig et al., 2019 [36]</td>
<td>Treatment of Facial Dog Bite Injuries in the Emergency Department Compared to the Operating Room.</td>
<td>Case series with retrospective chart review</td>
<td>Patients treated in the ED underwent repair more promptly than patients treated in the OR. Patients treated in the OR were more likely to have longer lacerations, lacerations of the, involvement of multiple regions of the face, and multiple indicators of severe injury. There were no differences in surgical site infections or reoperation rates.</td>
<td>165</td>
<td>Dog bite characterization</td>
</tr>
<tr>
<td>McLoughlin et al., 2019 [2]</td>
<td>Hospitalizations for pediatric dog bite injuries in the United States.</td>
<td>Retrospective database cohort</td>
<td>Patients were predominately male, non-Hispanic white, resided in the South, and in an urban environment. Almost one third underwent a surgical procedure. Open wounds of the head, neck and trunk were the most common injury and decreased in prevalence with increasing age. Children aged 1–4 and 5–10 years were both more than three times more likely to be admitted than those ≥11 years old.</td>
<td>6323</td>
<td>Dog bite characterization</td>
</tr>
<tr>
<td>Abraham et al., 2019 [32]</td>
<td>Pediatric Dog Bite Injuries in Central Texas.</td>
<td>Retrospective chart review</td>
<td>The mean age was 5.8 years. Parental presence was reported in 44% of cases, and most attacks occurred in the evening. Injuries often involved the head–neck region and were of major severity. Pet dogs were responsible for 46% of injuries.</td>
<td>102</td>
<td>Dog bite characterization</td>
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</table>
and pit bull was the most-identified breed. Most injuries occurred while the child was at home and was petting or playing with the dog. Intervention in the operating room was required in 34% of patients.

### Fein et al., 2019 [33]

**Pediatric dog bites: a population-based profile.**

Retrospective cohort

Most children were 6-12 years old and female, but a similar number fell into the range of 0-2 years old. Injuries in the younger group frequently occurred at home, on the face/head, and with minor severity. Age of the child predicts the location of incident, the severity of injury, and the body region of the injury.

<table>
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<th>Key Findings</th>
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### Bykowski et al., 2019 [31]

**Pediatric Dog Bite Prevention: Are We Barking Up the Wrong Tree or Just Not Barking Loud Enough?**

Retrospective cohort

A total of 1017 bite injuries were treated, representing a 25% increase compared with 10 years prior. Comparing the 1997 and 2007-2011 cohorts, patient demographics, bite rate among children <5 years old, rate of dog breed documentation, and setting of injury were similar.

### Smith et al., 2018 [34]

**Characteristics of Dog Bites in Arkansas.**

Retrospective chart review

Of patients across two institutions 37% required some form of repair, with 30% receiving closure in the emergency department. Children <5 years were more than 8 times as likely to require an operative repair, more than 4 times as likely to be bitten on the head/neck and, and up to 3 times as likely to be bitten by a family dog. Children older than age 12 years were more than 3 times as likely to be bitten on an extremity.

### Ramgopal et al., 2018 [30]

**Dog bites in a U.S. county: age, body part and breed in paediatric dog bites.**

Retrospective cohort

There was a negative correlation between age and bite frequency. Children 0-3 years had a higher odds ratio of bites to the face. ‘Pit bulls’ accounted for 27% of dog bites and were more common in children 13-18 years. Shih-Tzu bites were more common in children ≤3 years old.

### Bratton et al., 2018 [29]

**Ophthalmic Manifestations of Facial Dog Bites in Children.**

Retrospective chart review

Dog bites to the face occurred in most patients, and 16% suffered ophthalmic manifestations. The average age was 4.3 years. Eyelid injuries occurred in 99% of children, 20% sustained canalicular system injuries, 1% suffered corneal abrasions, and 2 patients sustained facial nerve injury. No patients suffered vision loss.

### Golinko et al., 2017 [28]

**Characteristics of 1616 Consecutive Dog Bite Injuries at a Single Institution.**

Retrospective chart review

58% of all patients required laceration repair, primarily in the emergency department. Infants were more than 4 times as likely to be bitten by the family dog and more than 6 times as likely to be bitten in the head/neck region. Children ≤5 years old
<table>
<thead>
<tr>
<th>Study</th>
<th>Author(s)</th>
<th>Year</th>
<th>Study Design</th>
<th>Description</th>
<th>Patients</th>
<th>Follow-up</th>
<th>Results</th>
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<tbody>
<tr>
<td>Alizadeh et al., 2017 [15]</td>
<td>An algorithmic approach to operative management of complex pediatric dog bites: a 3-year review of a level I regional referral pediatric trauma hospital.</td>
<td>Retrospective cohort</td>
<td>Of 108 patients treated in the ED, the highest incidence occurred in pre-school children. Most commonly, the injury was isolated to the head/neck region (59.2%). Pit bulls accounted for 48.2% of the dog bites, and 47.8% of pit bull bites required OR intervention.</td>
<td>108</td>
<td>Dog bite characterization</td>
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<tr>
<td>Sribnick et al., 2016 [9]</td>
<td>Dog bite injuries in children: Clinical implications for head involvement.</td>
<td>Retrospective database cohort</td>
<td>Of 236 patients, 174 (73.7%) had head involvement with dog bite injury. Patients with head involvement were more likely to be younger males. Patients with head involvement had similar mean length of stay compared to those without head involvement but required a higher rate of ICU stay. The most common breeds identified (55%) were Pit Bulls (50.4%), Rottweilers (12.2%), Labradors (6.4%), German Shepherds (5.3%), and Chows (4.6%). Infection occurred in 6.8% of the cohort and prophylactic antibiotic therapy varied.</td>
<td>236</td>
<td>Dog bite characterization</td>
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<tr>
<td>Schwebel et al., 2016 [44]</td>
<td>Evaluating a Website to Teach Children Safety with Dogs: A Randomized Controlled Trial.</td>
<td>Randomized controlled trial</td>
<td>About two-thirds of the intervention sample was not adherent to website use at home, so both intent-to-treat and per-protocol analyses were conducted. Intent-to-treat analyses yielded mostly null results. Per-protocol analyses suggested children compliant to the intervention protocol scored higher on knowledge and recognition of safe behavior with dogs following the intervention compared to the control group.</td>
<td>69</td>
<td>Education</td>
<td></td>
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<tr>
<td>Sadiq et al., 2015 [27]</td>
<td>Eyelid Lacerations Due to Dog Bite in Children.</td>
<td>Retrospective chart review</td>
<td>Of patients sustaining an eyelid laceration due to a dog bite, 36% had damage to the lacrimal apparatus. This was statistically significant when compared to patients who sustained eyelid lacerations from other causes.</td>
<td>73</td>
<td>Dog bite characterization</td>
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<tr>
<td>Speirs et al., 2015 [26]</td>
<td>Dog bites to the upper extremity in children.</td>
<td>Retrospective chart review</td>
<td>Among the children with dog bites to the upper extremity, 23% were admitted to the hospital for surgery or parenteral antibiotics. Of the patients presenting with bites to the lower extremities, none were admitted. Compared to those who presented the same day they were injured, the relative risk of hospitalization or surgery in patients who presented 1 and 2 days after their injury was 3.5 and 7.0, respectively.</td>
<td>116</td>
<td>Dog bite characterization</td>
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<tr>
<td>O'Brien et al., 2015 [25]</td>
<td>Dog bites of the head and neck: an evaluation of a</td>
<td>Retrospective cohort</td>
<td>The mean patient age was 15 years. Of the more than 8</td>
<td>101</td>
<td>Dog bite characterization</td>
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<tr>
<td>Study</td>
<td>Title</td>
<td>Design</td>
<td>Description</td>
<td>Relevant Data</td>
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<td>Schwebel et al., 2015 [45]</td>
<td>Evaluating a website to teach children safety with dogs.</td>
<td>Randomized controlled trial</td>
<td>This protocol describes a US government-funded randomized trial which evaluates the efficacy of a newly-developed website to teach young children cognitive skills relevant to behaving safely with pet dogs within the home.</td>
<td>68 Education</td>
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<tr>
<td>Chen et al., 2013 [6]</td>
<td>Analysis of pediatric facial dog bites.</td>
<td>Retrospective chart review</td>
<td>The average age was 4.6 years, with a slight male preponderance. The majority of dog bites occurred in children ≤5 years old and almost all of the dogs were known to the children. Over half of the cases were provoked. The most common breeds were mixed breed, Labrador retriever, Rottweiler, and German shepherd. Inpatient treatment was required in 23% of patients, with children ≤5 years being more likely to be hospitalized.</td>
<td>537 Dog bite characterization</td>
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<tr>
<td>Dixon et al., 2013 [43]</td>
<td>An evaluation of a dog bite prevention intervention in the pediatric emergency department.</td>
<td>Cross-sectional</td>
<td>Current dog ownership was 77% and only 6% of children had received previous dog bite prevention education. Pre-test pass rate was 58% and 90% after the intervention. The greatest increases in gain of knowledge were in questions involving stray dogs or dogs that were fenced or eating.</td>
<td>120 Education</td>
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<tr>
<td>Eppley et al., 2013 [37]</td>
<td>Facial dog bite injuries in children: treatment and outcome assessment.</td>
<td>Prospective cohort</td>
<td>The average children's age was 5.9 years. In cases where the dog was identified, it was known to the victim/family. Events leading to the dog bite were provoked in the majority of cases. The majority of wounds were closed primarily, and complex reconstructions were required in more severe cases. The majority of families opted for scar revision between 9-18 months after initial treatment.</td>
<td>107 Dog bite characterization</td>
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<tr>
<td>Bjork et al., 2013 [23]</td>
<td>Dog bite injuries among American Indian and Alaska Native children.</td>
<td>Retrospective chart review</td>
<td>The average annual dog bite hospitalization rate was higher among American Indian/Alaska native children in Alaska and the Southwest region compared with the general US child population. The hospitalization rate was highest in both American Indian/Alaskan Native and US males aged &lt;5 years.</td>
<td>136 Dog bite characterization</td>
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<td>Shields et al., 2012 [47]</td>
<td>Dog bites: an opportunity for parent education in the pediatric emergency department.</td>
<td>Randomized controlled trial</td>
<td>The majority of respondents who answered the exposure questions reported seeing stray dogs and having dangerous dogs in their neighborhood. Few respondents reported that their</td>
<td>901 Education</td>
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<tr>
<td>Author(s)</td>
<td>Title</td>
<td>Study Design</td>
<td>Findings</td>
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<td>Boat et al., 2012 [38]</td>
<td>Pediatric dog bite victims: a need for a continuum of care.</td>
<td>Prospective cohort</td>
<td>More than 70% of parents noted at least one new concerning behavior in their children, and more than 85% of parents also endorsed concerns about their own reactions. Half of parents believed that children, in general, might benefit from interventions to help with postbite fears and nearly three quarters felt that families would benefit from education regarding dog bite prevention.</td>
<td>34</td>
<td>Psychosocial</td>
<td></td>
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<tr>
<td>Schwebel et al., 2012 [46]</td>
<td>The Blue Dog: evaluation of an interactive software program to teach young children how to interact safely with dogs.</td>
<td>Randomized controlled trial</td>
<td>Children using Blue Dog had greater change in recognition of risky dog situations than children learning fire safety. No between-group differences emerged in recall (dollhouse) or engagement (live-dog) in risky behavior.</td>
<td>76</td>
<td>Education</td>
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<tr>
<td>Dixon et al., 2012 [42]</td>
<td>Dog bite prevention: an assessment of child knowledge.</td>
<td>Cross-sectional</td>
<td>43% of children within the parent/guardian-child pairs failed the knowledge test. Older children had higher odds of passing the knowledge test, as did children with white parents vs those with nonwhite parents. More than 70% of children had never received dog bite prevention education.</td>
<td>300</td>
<td>Education</td>
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<tr>
<td>Wu et al., 2011 [24]</td>
<td>Primary repair of facial dog bite injuries in children.</td>
<td>Retrospective chart review</td>
<td>The mean age of patients was 6.8 years, and the majority were female. All facial injuries were primarily repaired at the time of presentation either in the emergency department, operating room, or outpatient setting. The mean age of patients repaired in the OR was significantly younger than those repaired in the ED.</td>
<td>87</td>
<td>Dog bite characterization</td>
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<td>Reissner et al., 2011 [7]</td>
<td>Behavioural characteristics associated with dog bites to children presenting to an urban trauma centre.</td>
<td>Prospective cohort</td>
<td>More than half the patients were &lt;7 years old and male. The majority of children knew the biting dog. Most bites to younger children occurred during positive interactions, initiated by the child, with stationary, familiar dogs, indoors. Most older bitten children had been active, unfamiliar with the dog and not interacting. Face bites predominated in the younger group (&lt;7 years), and bites to extremities predominated in the older group.</td>
<td>203</td>
<td>Dog bite characterization</td>
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<td>Kaye et al., 2009 [22]</td>
<td>Pediatric dog bite injuries: a 5-year review of the experience at the Children's Hospital of Philadelphia.</td>
<td>Retrospective chart review</td>
<td>The majority of injuries were sustained by male children and most prevalent during the months of June and July. Grade school-aged children (6 to 12 years) constituted the majority of victims, followed by preschoolers (2 to 5 years), teenagers (13 to 16 years), and</td>
<td>551</td>
<td>Dog bite characterization</td>
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<tr>
<td>Study</td>
<td>Title</td>
<td>Methodology</td>
<td>Key Findings</td>
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<td>Daniels et al., 2009 [21]</td>
<td>Analysis of nonfatal dog bites in children.</td>
<td>Retrospective chart review</td>
<td>The majority of patients were treated and released from the emergency department. For children requiring inpatient admission, the median length of stay was 2 days. Victims were frequently male and &lt;8 years old. 34% of all dog bite victims were &lt;5 years old, and half of all children required hospitalization. 37% of all children admitted to the hospital were bitten by a family dog. The cost of direct medical care during the study was $2.15 million.</td>
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<td>Reisner et al., 2007 [19]</td>
<td>Behavioral assessment of child-directed canine aggression.</td>
<td>Retrospective chart review</td>
<td>Children &lt;6 years old or familiar with the dog were most commonly bitten in association with resource guarding, whereas older children or unfamiliar children were most commonly bitten in association with territory guarding. Behavioral screening of the dogs revealed resource guarding and discipline measures as the most common stimuli for aggression. Anxiety screens revealed abnormalities in 77% of dogs. 66% of dogs had never previously bitten a child. Most dogs were neutered, and a majority of owners had taken their dogs to obedience training.</td>
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<td>Mello et al., 2007 [48]</td>
<td>Innovations in injury prevention education.</td>
<td>Experimental study</td>
<td>Most dog bite victims were male and bit on the head/neck, lower extremity, upper extremity, and trunk. Head/neck bites were the most common site of injury in children &lt;5 years old. After students underwent a 4-5 week course focusing on dog interactions, videos, and lessons on dog safety, the results indicated a significant increase in dog bite prevention knowledge among participants when comparing pretest scores.</td>
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<td>Mitchell et al., 2003 [20]</td>
<td>Dog bites of the scalp, face, and neck in children.</td>
<td>Retrospective chart review</td>
<td>The most commonly injured victim is a 5-year-old boy attacked by a familiar dog at home or in the local neighborhood. Children with the diagnosis of attention deficit hyperactivity disorder also appear to be at a higher risk.</td>
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<tr>
<td>Bernardo et al., 2002 [39]</td>
<td>A comparison of dog bite injuries in younger and older children treated in a pediatric emergency department.</td>
<td>Prospective cohort</td>
<td>Children &lt;6 years old constituted 53% of the sample. A higher proportion of younger children were bitten by their family dog and were bitten on the face in their own homes.</td>
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<td>Calkins et al., 2001 [8]</td>
<td>Life-threatening dog attacks: a devastating</td>
<td>Retrospective chart review</td>
<td>The mean age of the population was 5.4 years. 71% of injuries</td>
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A combination of penetrating and blunt injuries occurred in the head/neck region, and 23% children sustained life-threatening injuries.

<table>
<thead>
<tr>
<th>Reference</th>
<th>Main Findings</th>
<th>Study Design</th>
<th>Study Type</th>
<th>Population</th>
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</thead>
<tbody>
<tr>
<td>Bernardo et al., 1998 [18]</td>
<td>Dog bites were found to constitute a very small proportion of the total pediatric admissions to Pennsylvania trauma centers; however, the findings were similar to other reported studies.</td>
<td>Retrospective cohort</td>
<td>Dog bite characterization</td>
<td>183</td>
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<tr>
<td>Brogan et al., 1995 [17]</td>
<td>Severe dog bites in children. Most children were white males. The median age was 50 months. Most dogs were medium-sized or large breeds and were familiar to the victim. The average hospital stay was 6 days, and injuries to the face, head, and neck area were most common. Major surgical procedures included craniotomy, exploration of the neck or abdomen, ocular procedures, and repair of fractures.</td>
<td>Retrospective chart review</td>
<td>Dog bite characterization</td>
<td>40</td>
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<tr>
<td>Avner et al., 1991 [40]</td>
<td>Most patients affected were male and occurred during the warmer months. The smallest number of dog bites occurred in the months of January and December. 8% of patients required hospitalization.</td>
<td>Prospective cohort</td>
<td>Dog bite characterization</td>
<td>199</td>
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<tr>
<td>Beck et al., 1985 [16]</td>
<td>Dog bites were much more common than previously reported: 45% of children had been bitten during their lifetimes, and 15.5% had been bitten in 1980. The highest bite rate occurred in children 7-12 years old. Children were bitten more frequently by dogs owned by their neighbors, followed by family dogs, then by strays or unknown owners. Boys were bitten twice as frequently as girls.</td>
<td>Retrospective cohort</td>
<td>Dog bite characterization</td>
<td>3200</td>
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<tr>
<td>Boenning et al., 1983 [10]</td>
<td>Patients with simple, nonfacial dog bites were randomized to an experimental arm (oral penicillin prophylaxis) and a controlled arm (local wound care). Overall, the infection rate was 3.5% with one patient in each group developing infection and suggesting that routine use of prophylactic antibiotics is not required in simple nonfacial dog bites.</td>
<td>Randomized controlled trial</td>
<td>Dog bite characterization</td>
<td>55</td>
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<tr>
<td>Lauer et al., 1982 [41]</td>
<td>Of families surveyed, 20.2% of children had been bitten at least once, with most bites occurring in children &lt;5 years old. Dogs were usually owned by a neighbor (40.2%) or victim's family (31%). Seventy-seven percent of parents felt that dog bite prevention should be discussed with a physician.</td>
<td>Prospective survey</td>
<td>Dog bite characterization</td>
<td>960</td>
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<tr>
<td>Chun et al., 1982 [5]</td>
<td>The mean age of the population was 8 years old and with males.</td>
<td>Retrospective cohort</td>
<td>Dog bite characterization</td>
<td>168</td>
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</tbody>
</table>
outnumbering females. Most injuries occurred in or around the home and involved dogs known to the patient. More than 12 different purebreeds/crossbreeds were identified as perpetrators, including: German shepherds, pit bulls, rottweilers, and Dobermans. Most animals were contained at the time of injury. Almost half were provoked prior to biting.

<table>
<thead>
<tr>
<th>OR</th>
<th>ED</th>
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OR = operating room, ED = emergency department